

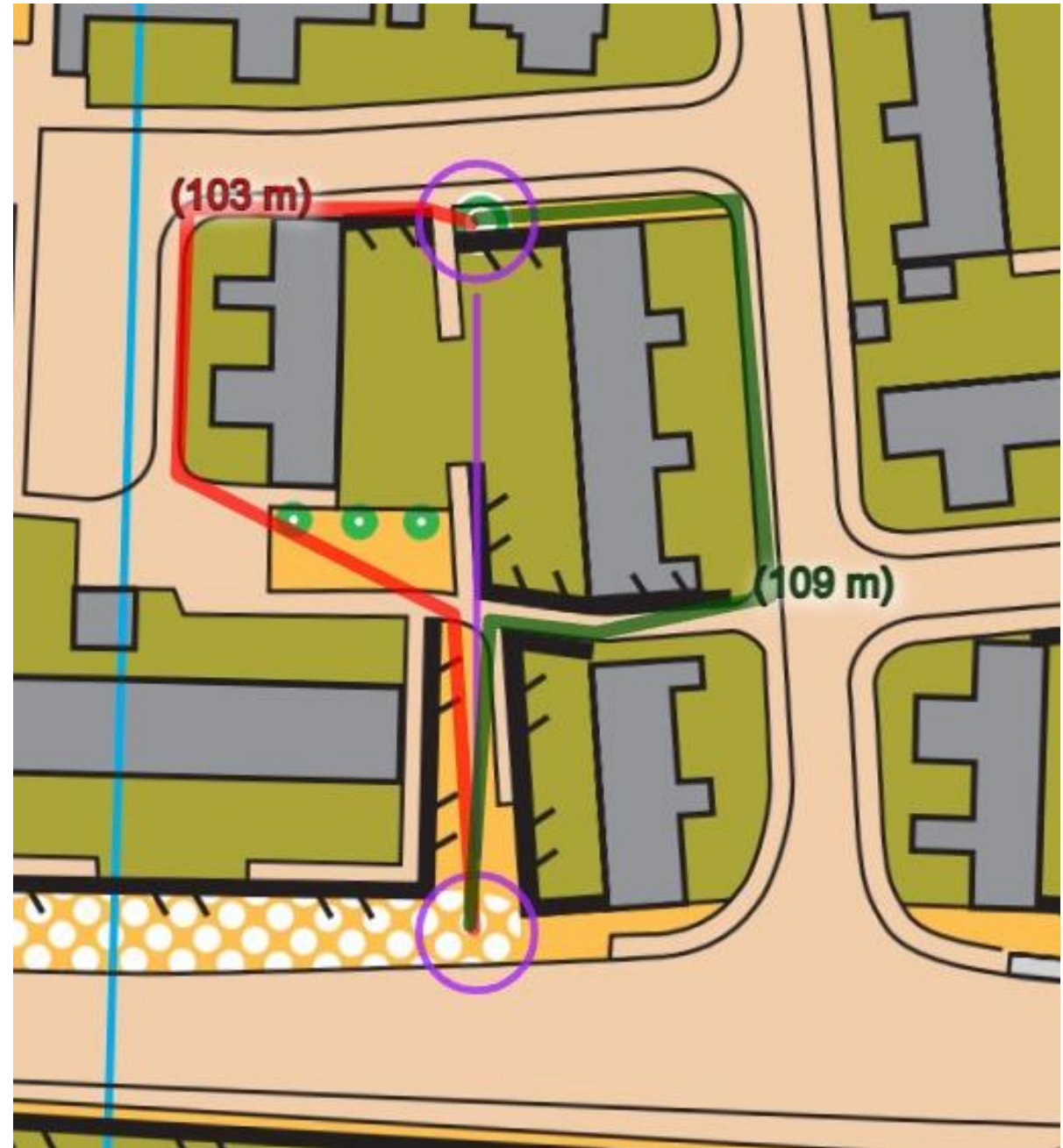
The background features the letters 'BWW' in a large, light blue, sans-serif font. A thin, brown line graph with several peaks and valleys is overlaid on the 'BWW' text. The text 'South Queensferry WRE' is positioned above 'women routechoice analysis', both in a dark grey, sans-serif font.

South Queensferry WRE
women routechoice analysis

Edinburgh 2024

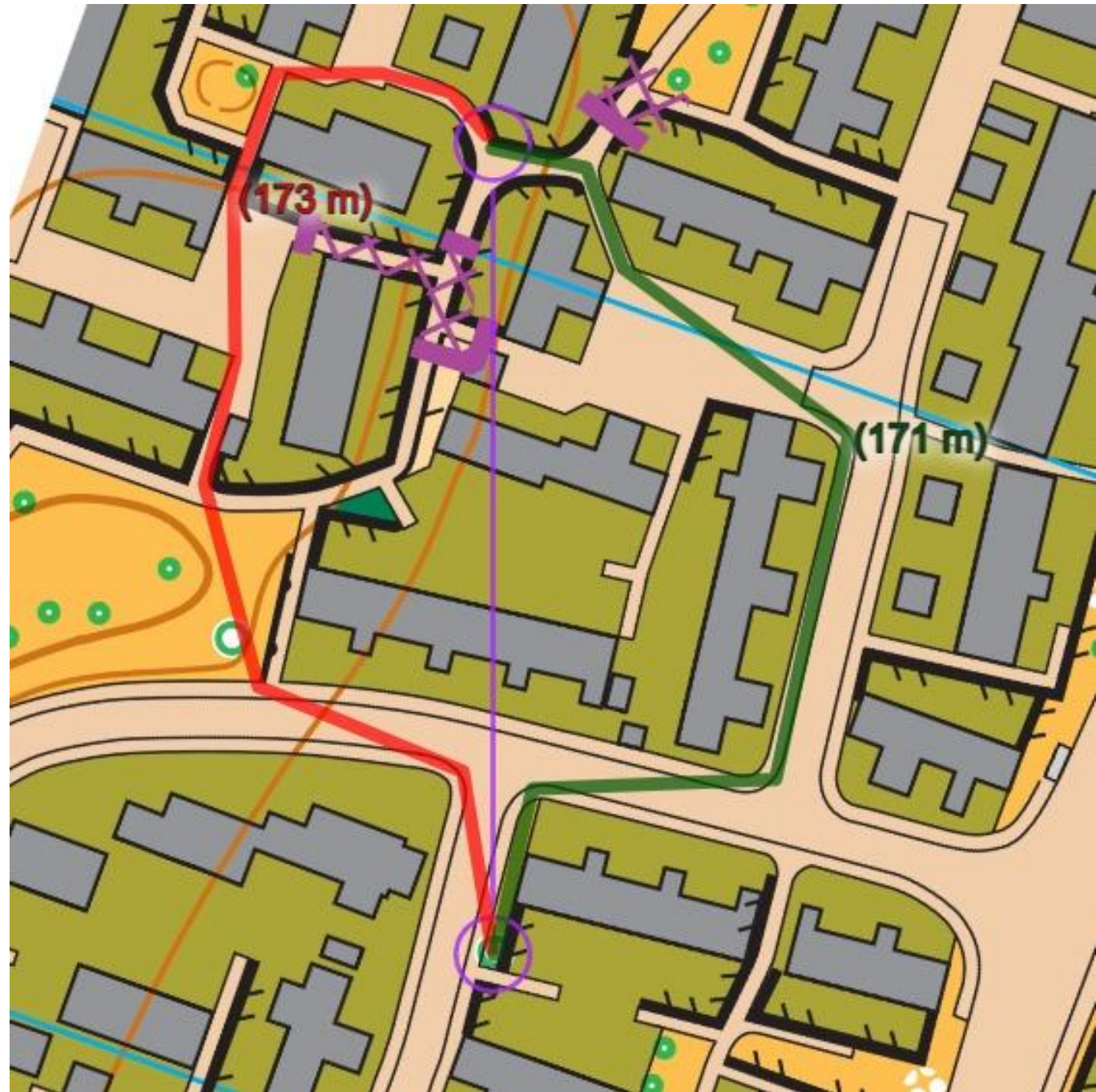
Leg 1

Easy first leg mostly constrained by the placement of the start. Left a little bit shorter and less sharp 90 degree turns.



Leg 2

Pretty much a 50/50, think left might be a bit slower going over the grassy hill and through some tighter alleyways. No significant time loss though.



Leg 3

Left significantly shorter here. Had to compromise on #3 and #4 to try to make the course look legible in this section (hope it ended up okay for most people!), hence them being slightly weaker legs.



Leg 5

Quite an interesting leg with 3 choices. Middle is slightly shorter but does go through some tighter alleyways. Left gives the opportunity to get fully up to speed, but the grassy hill is slow. Right option quite a bit slower than both I think.



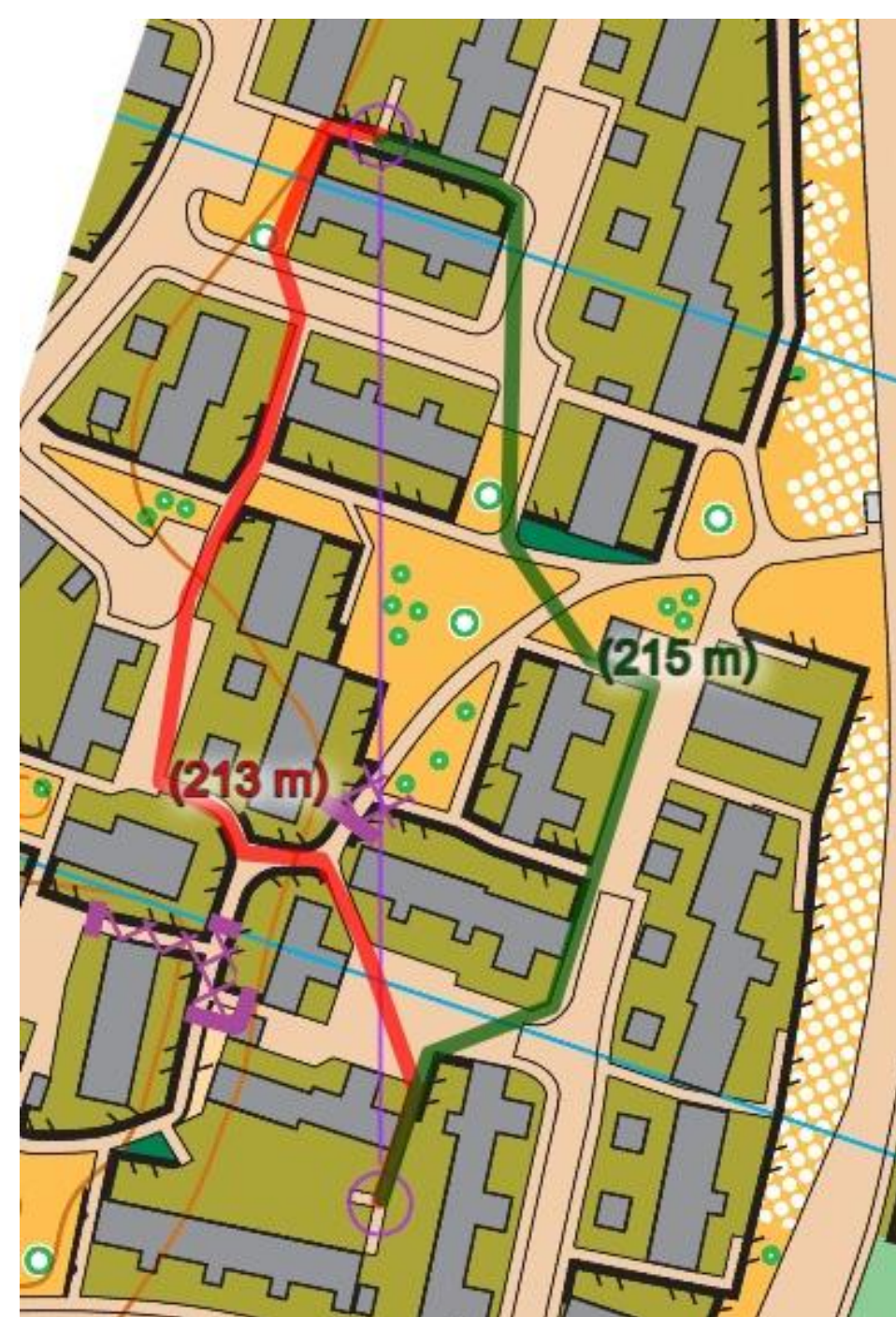
Leg 6

One of my favourite legs on the course. At first glance I think right looks quite appealing, but it's actually 35m longer. Left probably significantly quicker as a result.



Leg 7

Similar to #2, pretty much a 50/50, no time gained picking either route.



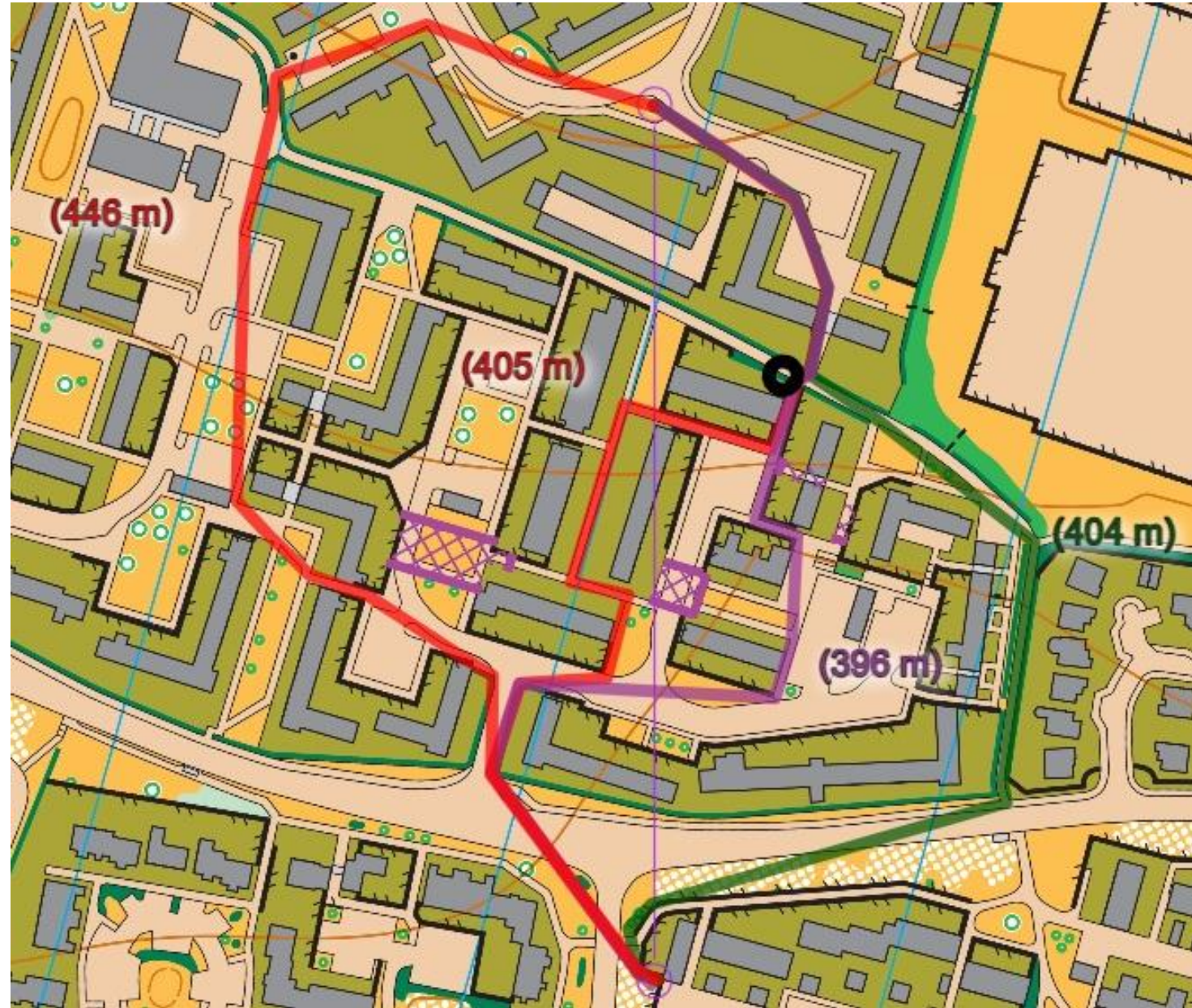
Leg 8

Left is surprisingly a fair bit shorter here, having to go round the back of the control on the right route seems to add a lot of distance. Probably a few seconds gained going left.



Leg 9

The long leg. This comes at the end of the mentally demanding first section leaving you not a lot of time to plan ahead. Right and both of the two middle options are about the same length, suggesting that right is potentially quicker as you can get up to speed and it's simpler. Left is a fair bit longer.



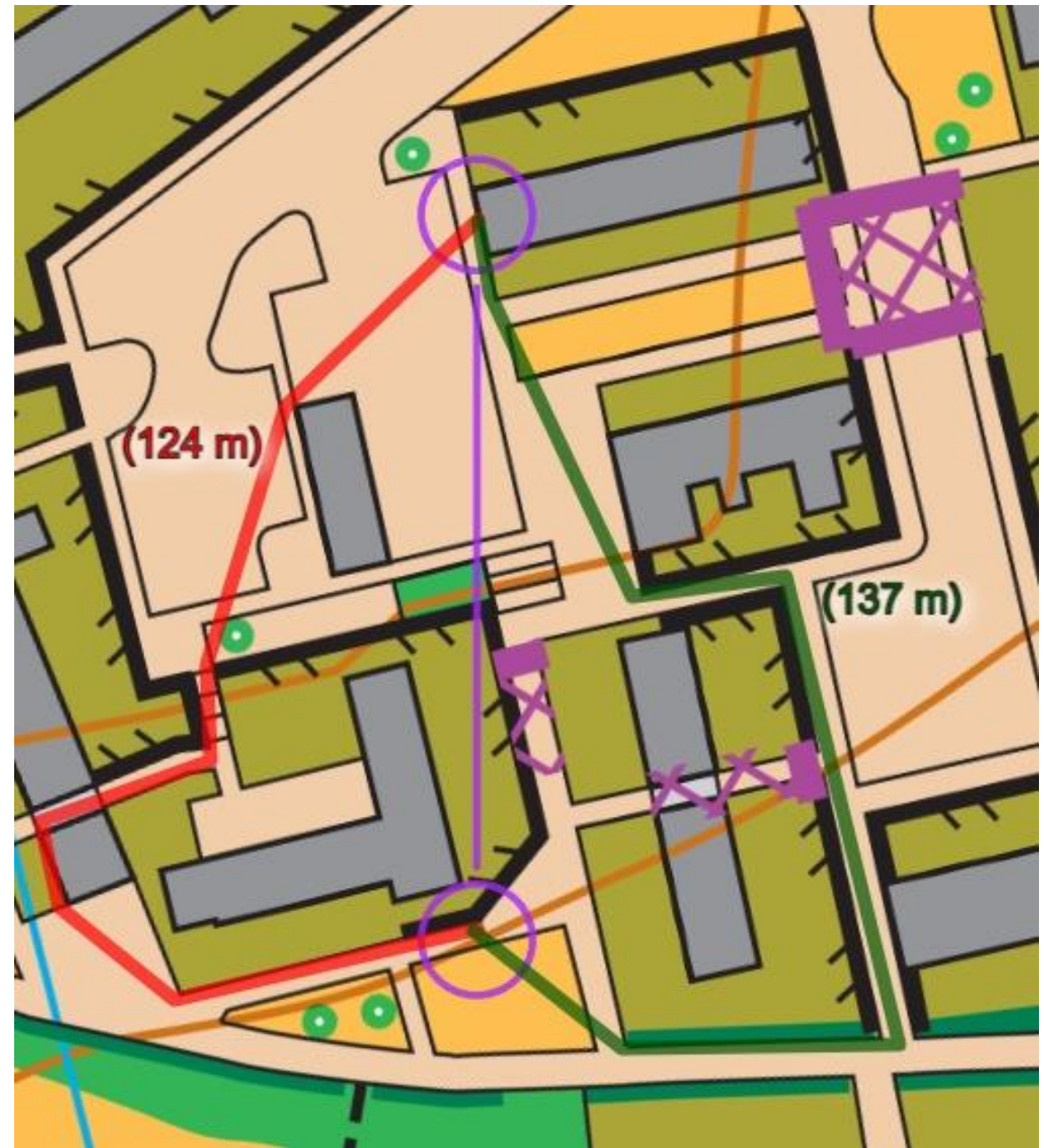
Leg 12

An interesting route choice leg that shouldn't have been too hard to evaluate after two longer length simple legs before this. Right, while offering less turns and tight alleyways, is quite significantly longer. Left and middle roughly the same.



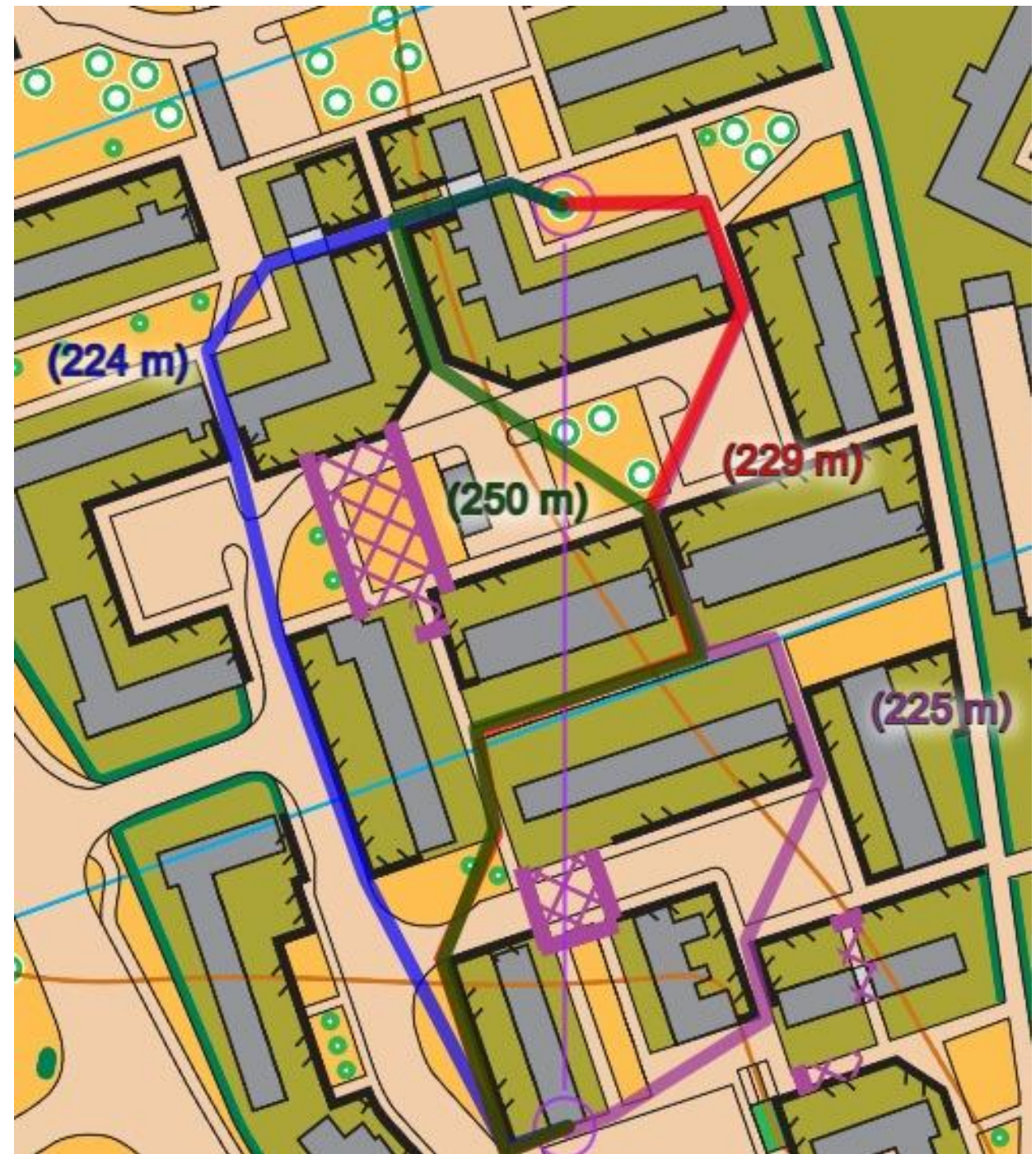
Leg 13

An interesting leg. Left is shorter but goes through some very twisty alleys and up some tight steps so the two routes are probably comparable in time. Apologies for #12 being slightly in the wrong place, I only found out that the fence had fallen down on Thursday, hope it didn't affect anyone's race!



Leg 14

An interesting leg with many routes. The shortest and simplest is definitely left. Right and middle are okay (except green), but harder to execute.



Leg 20

My favourite leg of the course. It comes after a few transitional execution style legs so you hopefully had enough time to evaluate the route choices. Having a barrier on the hedge next to #27 creates a really interesting feature that makes the right route much longer than it otherwise would've been. A few seconds gained for going left I would say.



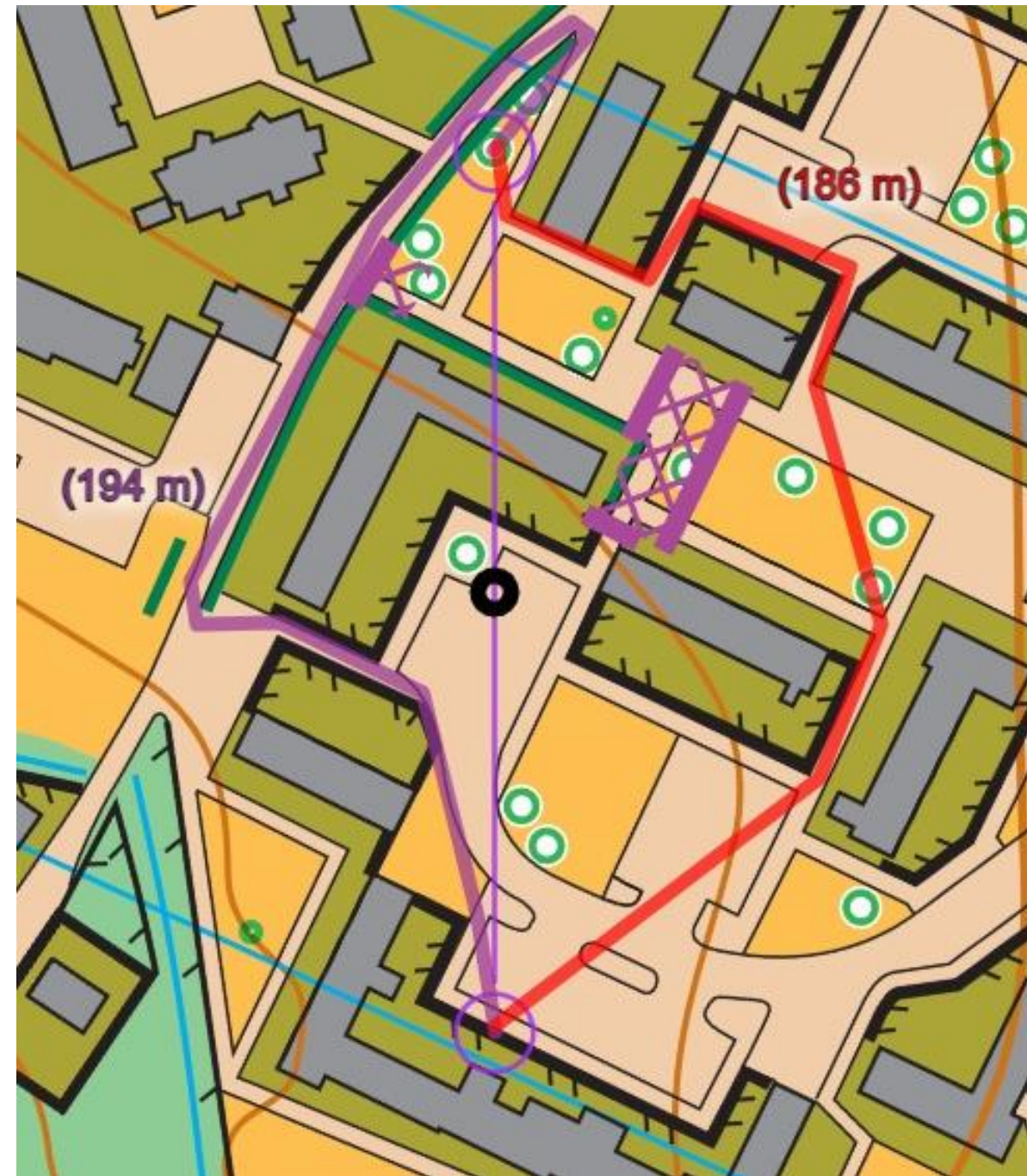
Leg 21

Just a 50/50.
Maybe quicker
to go left
due to the grass
being slippery on
the right route
choice.



Leg 22

More use of the elongated hedge feature. Right is shorter but not significantly so, and left has less tight turns and the opportunity to get up to speed so the two routes are probably about the same time wise.



Hope you enjoyed the course, it's been about 6 months in the making. Many thanks have to go to the controller Graeme Ackland, organisers Jim Bailey/Fiona Eades, map layout/general tech support Joe Sunley, as well as numerous pre runs and general advice on the planning process from all of the above plus a few more friends. Enjoy the ceilidh. Frank

Edinburgh 2024